

Fresh Choice Café

~ Soups and Salads ~

Bowl.....	\$2.95
See board for our selections prepared daily by Chef Larry Green	
Fresh Choice Salad.....	\$4.25
A mix of green leaf, red leaf, and Romaine with seasonal vegetable toppings	
Grilled Chicken Breast Salad.....	\$5.95
Same as Fresh Choice but with chicken	
Grilled Tuna Steak Salad.....	\$6.50
Same as Fresh Choice but with tuna	
Greek Salad.....	\$5.25
Fresh greens, olives, tomato, onion, feta cheese and our own balsamic vinaigrette	
Caesar Salad.....	\$4.25
Romaine, bacon bits, croutons, and parmesan cheese	
Add grilled chicken.....	\$5.95
Chef Salad.....	\$5.95
Turkey, Black Oak ham, cheese, and egg on a bed of fresh greens with seasonal vegetables	
Chicken or Tuna Salad Plate.....	\$5.95
6oz. Scoop of our delicious salad on a bed of mixed greens and assorted vegetables – choice of 2 sides	
Salad Sampler.....	\$5.95
4oz. Scoop of our delicious salad on a bed of mixed greens and assorted vegetables – choice of 2 sides	
Spinach Salad.....	\$5.95
Spinach, mushrooms, onions, egg, bacon, pecans, and mandarin oranges	

Dressings

Balsamic Vinaigrette
Orange Sunflower
Thousand Island
Ranch
Honey French
Caesar

Bleu Cheese
Honey Mustard
Honey Lime
Fat Free Raspberry
Fat Free Ranch
Fat Free Thousand Island

~ Gourmet Sandwiches ~

Served with a pickled carrot and choice of side. All sandwiches served on Texas three seed bread unless otherwise specified. Substitute soup or salad for \$1.25 extra.

Café Choice.....\$5.50

Smoked turkey breast, havarti, Granny
Smith apples, house spread

Veggies on Three Seed Bread.....\$5.25

Leaf lettuce, tomato, shredded carrot, mushroom,
onion, cucumber, sprouts, choice of cheese with
sun-dried tomato hummus

Kentucky Club.....\$5.50

Smoked turkey, Black Oak ham, bacon, lettuce,
cheddar or swiss with house spread

Oven Roasted Turkey.....\$5.50

Sliced smoked turkey, lettuce, tomato, creamy
horseradish spread

Spicy Roast Beef.....\$5.50

Sliced roast beef, provolone cheese, sautéed
onions & mushrooms with Dijon mustard

The Classic Ham.....\$5.50

Our famous Black Oak ham, lettuce, tomato,
onion, creamy Dijon or honey mustard

Albacore Tuna Salad.....\$5.25

Fresh Choice Chicken Salad.....\$5.25

Freshly prepared all white chicken, toasted
pecans, red pepper and a hint of curry

Egg Salad.....\$4.25

Pimento Cheese (Try it grilled!)\$4.25

~ Design Your Own \$5.75 ~

Choose One:

Ham
Turkey
Roast Beef

Choose One:

Swiss
Provolone
Cheddar
Havarti

Condiments:

Honey Mustard
Dijon Mustard
Regular Mustard
Lite Mayonnaise
Chipotle Spread
Horseradish Spread

Choice of Toppings:

Lettuce, Tomato, Sprouts, Onion, Cucumber, Mushroom, and Carrots

~ From The Grill ~

Grill closes at 2:30pm. Allow 10-15 minutes for cook time.

Grilled Tuna Steak Sandwich.....	\$6.50
On a Kaiser roll with choice side	
Grilled Chicken Breast Sandwich.....	\$5.95
On a Kaiser roll with choice of side	
Vegetarian Burger.....	\$5.50
On a Kaiser roll with choice of side	
Reuben.....	\$5.95
Corn beef, sauerkraut, Thousand Island dressing, swiss cheese on rye, and choice of side	
Rachel.....	\$5.95
Same as Rueben but with turkey	
Grilled Cheese.....	\$3.25
Choice of bread	
Grilled Portobello Sandwich.....	\$5.95
Grilled marinated Portobello, roasted red peppers, spinach, provolone & basil dressing on a club roll	
Add three seed bun.....	\$.50
Add hummus to any sandwich.....	\$.50
Add Tomato.....	\$.25
Add Bacon.....	\$.50
Add Cheese.....	\$.50

~ Café Specials ~

Prepared daily by Chef Larry Green

Quiche.....	\$5.95
Choice of soup or salad	
Twice Baked Spinach Stuffed.....	\$5.50
Choice of soup or salad (limited quantities)	

~ Café Combos ~

½ Deli Sandwich & Soup.....	\$5.50
½ Deli Sandwich & Salad.....	\$5.50
Bowl of soup & green salad.....	\$5.50

~ Just for Kids ~

Choice of ½ Sandwich.....	\$2.95
Ham and cheese, turkey, or grilled cheese, served with pickle, chips, and small drink	

~ Desserts ~

Fresh Baked Cookies.....\$.60/.75

~ Fresh Fruit Smoothies ~

Very Berry.....\$2.95

Tropical Breeze.....\$2.95

~ Beverages ~

Coffee, Tea, Fountain Drinks.....\$1.10

Hot Herb Teas.....\$1.15

Hank's Decaffeinated.....\$1.30

Arizona Tea.....\$1.50

Bottled Water.....\$.94

Cup/Ice/Water.....\$.25

Juice.....\$1.25

~ Add Ons ~

Warm Pita.....\$.75

Small Side.....\$1.25

Side Salad.....\$2.95

Bread Slice.....\$.50

Extra Dressing

 Large.....\$.50

 Small.....\$.25

~ By the Pound ~

One day notice may be required for some request.

Hummus (8 oz.)\$3.95

Chicken Salad.....\$8.95

Tuna Salad.....\$8.95

Pimento Cheese.....\$5.95

Pesto Pasta Salad.....\$4.95

Potato Salad.....\$3.95

Egg Salad.....\$3.95

Cole Slaw.....\$2.95

Whole Quiche.....\$24.95

Whole Pie.....\$15.00

Whole Cake.....\$25.00

Call or come in for specials of the day!